



APPENDIX F-1: SCOPE OF SERVICES:

Counseling and Therapeutic Resources

Service Definition
Counseling and Therapeutic Resources are professional, treatment-oriented services that address a member's identified needs for personal, social, physical, medical, behavioral, emotional, cognitive, mental, or substance abuse disorders. The outcome of counseling and therapeutic resources is maintenance or improvement of the member's mental, physical, or behavioral health, welfare, and functioning in the community. Counseling and therapeutic resources may be delivered in a member's home, natural (outdoor) setting, community setting, or a provider's office. Counseling and Therapeutic resources are provided by state licensed or certified professionals or agencies that deliver services limited to their areas of formal education and training, as directed by their professional code of ethics. Counseling and Therapeutic Resources may include: 1. Disability or aging adjustment and adaptation counseling; 2. Interpersonal counseling;; 3. Recreational, music, art, equestrian (hippotherapy), or aquatic therapy; 4. Nutritional counseling; 5. Medical counseling and education provided by a registered nurse (RN); 6. Weight counseling; and 7. Grief counseling.
Provider Qualifications
• Counseling or therapy agencies must employ or contract with professionals with current state licensure or certification in their field of practice. • Individual counselors or therapists must have current state licensure or certification in their field of practice.
Applicable Service Limitations
• Counseling and Therapeutic Resources must meet clearly defined outcomes, be effective for the member's condition or outcome, and be cost-effective. Costs directly associated with counseling or therapies are included in this service. • Expenses may not be primarily recreational or diversional in nature, as demonstrated in the member-centered plan. . • Excludes inpatient services, physician services, and services covered by the Medicare program (except for payment of any Medicare cost share).